

OM Asato ma sadgamaya  
Tamaso ma jyotirgamaya  
Mrityorma amrtam gamaya

OM śāntih śāntih śāntih

OM saha nāvavatu  
saha nau bhunaktu  
saha viryam karavāvahai  
tejasvi nāvadhītamastu mā vidvisāvahai | |  
OM śāntih śāntih śāntih

OM bhadram karnebhih śrinuyāma devāh  
bhadram paśyemākshabhīryajatrāh  
sthīrairan-gaistu- stuvāmsastanūbhih  
vyaśema devahitam yadāyuh  
svasti na indro vridhāśravāh  
svasti nah pūshā viśvavedāh  
svasti nastārکشyō arishtanemih  
svasti no brihaspatir- dadhātu | |  
OM śāntih śāntih śāntih

OM Dhyo Shantih  
Antariksham Shantih  
Prithivih Shantih  
Apah Shantih  
Aushadayah Shantih  
Vanaspatayah Shantih  
Vishve Deva Shantih  
Brahma Shantih  
Sarvam Shantih  
Shantireva Shantih | |

OM pūrnamadah pūrnamidam purnāt  
pūrnāmudacyate



## Mantra Para Dissolução da Escuridão

pūrnasya pūrnamādāya pūrnamevāva- śishyate | |

OM śāntih śāntih śāntih